

1. What is the person's HIP WIDTH measured in inches or centimetres?

A person's hip width is measured at the hip joint (where the leg pivots at the hips) while seated.

Measure a straight line straight across the lap. If you were to place two books on either side of the hips, measure straight between the two books instead of curving up and over the lap like a car seatbelt would.



2. What is the person's THIGH DEPTH measured in inches or centimetres?

Thigh depth is also measured while seated.

Make sure the person is sitting with his/her buttocks against the back of the seat. Measure a straight line (parallel with the seating surface) from where the buttocks contact the seat back to just behind the bent knee.



3. What is the person's BACK HEIGHT TO HEAD measured in inches or centimetres?

Back Height to Head is also measured while seated.

Make sure the person is as far back as possible in the seat. Measure a straight line (parallel to the seat back surface) from the seat where the buttocks contact the seating surface up to the top of the head.



4. What is the person's FOOT TO KNEE HEIGHT measured in inches or centimetres?

Foot to Knee Height is also measured while seated.

Measure from the bottom of the foot (or shoe that will be used with the equipment) up along the back of the leg to the back of the knee joint where it is bent at 90 degrees.

